



A Spiritual Community on a Positive Path of Personal Growth

Founded November 1999

September 2025

Wisdom as Our Guide: Applying Spiritual Truths in Everyday Life *September Theme - Wisdom*

In the New Thought movement, wisdom is recognized as one of the Twelve Powers articulated by Charles and Myrtle Fillmore, the founders of Unity. This power is not merely about accumulating knowledge; it embodies a deep understanding of spiritual truths and the ability to apply them in our daily lives. Wisdom, in this context, is a divine attribute that connects us to the infinite intelligence of the universe.

Charles Fillmore describes wisdom as the power of understanding and discernment. It allows us to see beyond appearances and access the deeper truths that govern our existence. This understanding is essential for making choices that align with our highest good and the greater good of all. Wisdom is the inner voice that guides us through life's complexities, helping us navigate challenges with grace and clarity.



In practical terms, wisdom involves the ability to discern truth from falsehood and to recognize the interconnectedness of all life. It encourages us to look beyond superficial differences and embrace the unity that underlies our diversity. As we cultivate wisdom, we find ourselves better equipped to respond to the world with compassion and insight.

In the Fillmores' teachings, wisdom is closely linked to the faculties of intuition and spiritual discernment. It encourages us to trust our inner guidance and to seek clarity through prayer and meditation. By quieting the mind and tuning into our intuitive senses, we can access the wisdom that resides within us. This practice allows us to align our actions with our spiritual values, fostering a life of authenticity and purpose.

Moreover, wisdom invites us to embrace a mindset

Movie Showing of the "The Shack"

On Saturday afternoon, August 24th, at Peaceful Point, Chris hosted a showing of the movie "The Shack." The twenty-four attendees were visibly touched by the



intriguing adaptation of William Young's novel of the same name. The movie dramatizes some of the most challenging questions in life: what is the nature of God? why do we suffer? what is the role of forgiveness? how do we grieve? why is there evil? what happens when we die? does an individual life make a difference in the world?

After the movie Pastor Brian and Kathy Bornino, LMFT, led a heartfelt discussion of the themes of the movie and of people's personal responses to viewing "The Shack." The post discussion comments indicated that everyone was grateful to have had the experience.

Hot August Nights

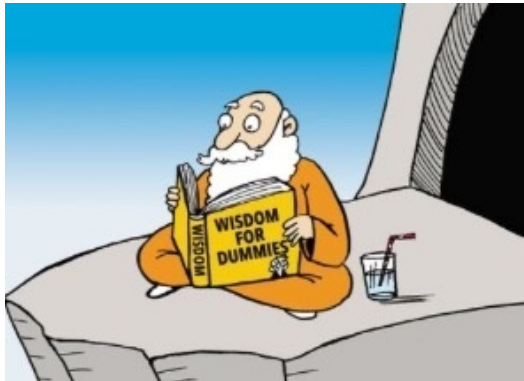
On Sunday, August 17th, at 7pm Unity Five Cities had a beach bonfire at the end of Grand Avenue by Finn's Restaurant. There was plenty of roasting - marshmallows, hot dogs, smores, etc.



There was also plenty of drumming, singing, socializing, story telling, and just generally having a good time. If you didn't make it, don't miss next year!

Wisdom (Con't)

of continuous learning. The journey of spiritual growth is not static; it requires us to remain open to new insights and experiences. Each moment presents an opportunity to learn, to grow, and to deepen our understanding of ourselves and the world around us. When we approach life with curiosity and a willingness



to learn, we unlock the door to greater wisdom.

Incorporating the power of wisdom into our lives can transform our relationships, decision-

making processes, and overall outlook. It enables us to respond to challenges with resilience and to see opportunities where others may see obstacles. As we cultivate this divine power, we contribute to a more harmonious world, guided by love, understanding, and the recognition of our shared humanity.

In conclusion, wisdom, as delineated by Charles and Myrtle Fillmore, is a vital power that we can all develop. By nurturing our understanding and applying it in our lives, we not only enrich our own spiritual journey but also uplift those around us, creating a ripple effect of positive change in the world. Let us embrace wisdom as a guiding light on our path of growth and transformation.

New Project to Help the Homeless

Unity-Five Cities is continuing its effort to support the 5Cities Homeless Coalition based in Grover Beach.



As the winter season is approaching, the Homeless Coalition has requested sweatshirts and sweatpants. We need to raise about \$900 to purchase 48 sweatshirts and 48 sweatpants. The goal is to distribute them in October

before the cold weather. The Unity Men's Group is organizing this effort and looks forward to joining with the Women's Group and the congregation as a whole to raise the funds.

We are doing this on an ongoing basis. If you are interested in helping or donating, contact Chris: chris@peacefulpoint.com

Unity Five Cities Women's Gatherings

On August 18th, the Women's Group met at Peaceful Point for a potluck lunch and a presentation by Alex



Kramer on Gratitude. It was evident to all of the attendees how much work Alex had put into her presentation on gratitude. Everyone there appreciated all the new ways that they learned to incorporate the power of gratitude.

The Spiritual Spa, the Women's Group meeting on Zoom, facilitated by Rita Conrad, LUT, will meet Thursday, September 18th, at 6:30pm. Contact Rita for the Zoom link, rmconrad99@gmail.com. *Come as you are.*

For information on the September Women's Group meeting, see flyer in this newsletter.

Power of Eight Intention in September

The Power of Eight is available on Zoom, 6:30 pm on Thursday, September 4th, with an email reminder and Zoom link going out the morning of the session.



The in-person session at the Victorian will be after the Sunday service September 14th. If you would like to be on the mailing list, to participate, or be a recipient of an intention, contact: Chris Garey chris@peacefulpoint.com

July 2025

Income	\$5,288
Expense	\$4,595
Net Income	\$693

Year to Date

YTD Income	\$33,492
YTD Expense	\$32,226
YTD Net Income	\$1,266



Unity Five Cities Is Having A Picnic!

**Sunday, September 21st
12:00-2:00 pm**

**Strother Park
1150 Huasna Road
Arroyo Grande, CA**

Unity will provide regular and vegan
Hamburgers, hot dogs, buns, condiments
soda and water.

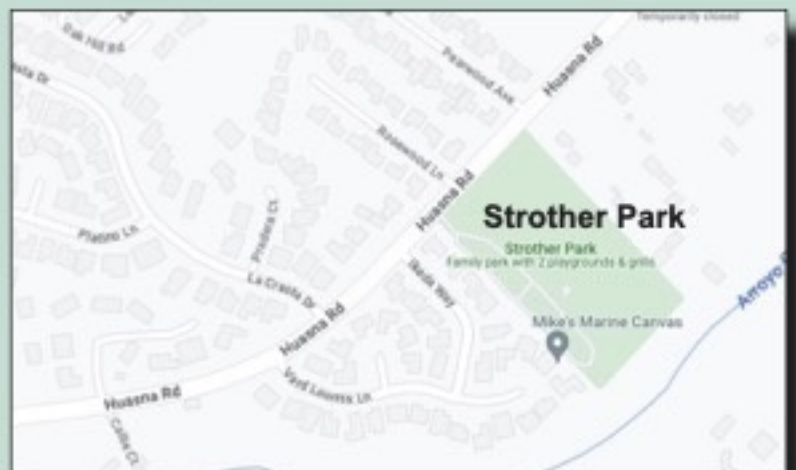
Bring a salad, snack, or dessert to share.
Plant-based dishes will be in a designated
spot.

There is a BBQ and tables with
some shade so bring a hat. You
can bring a lawn chair, game or
Frisbee. We will have croquet and
cornhole.

Fun for Family & Friends!
Bring pets (on a leash)

**Will need volunteers to setup and
cleanup.**

**Contact: Rev. Brian Walker
revbrian.walker@gmail.com
805-345-0832**





Peace & Freedom with Money & Life

The companion 5 week course to the bestseller Soul of Money by Lynne Twist and Sara Vetter

Move from scarcity to prosperity and step into unshakeable certainty, freedom, and ease in your relationship with money and life.

- Make wise money decisions regardless of the economy.
- Release and remove the blocks holding you back from creating the healthy financial flow in your life that meets your needs.
- Discover your natural prosperity and how to recreate your life from a place of sufficiency.
- Strengthen your spiritual net worth while finding peace and freedom in your relationship with money and life.

Facilitated by Jeanne Surber on Zoom
Beginning September 3 to October 1, 2025
6:30 -8:00 pm
Love Offering

Participants will view videos prior to the class with discussion in the class.

Sign up- email Jeanne at jeannesurber@me.com

Book Purchase prior to class- **The Soul of Money** by Lynne Twist

Draw Your Dreams to Life

Women's Group September Meeting

SEPT 19, FRIDAY, 12 noon
At Peaceful Point
*Bring your favorite
creative dish to share.*

Let your heart lead, your hand follow, and your dreams take root.
Root to Rise: A Neurographic Manifestation Journey

Connect with your subconscious, clear inner blocks, and grow your vision through intuitive art.

In this soulful, creative gathering, you'll be guided through a unique process that blends art, mindfulness, and manifestation.

Using the powerful technique of Neurographic drawing—specifically the Neurographic Art or Neurographic Tree—you'll learn how to access the deeper wisdom of your subconscious, release limiting beliefs, and anchor in your dreams visually and energetically.

This experience is not about artistic skill—it's about allowing your heart to speak, your body to flow, and your dreams to take shape.

Contact Marilyn Mercado at nalaniweb@yahoo.com

RSVP to make sure she brings enough materials for everyone.



Unity Santa Maria
1165 Stubblefield Rd
Wednesday, Sept 10th,
5pm, Opening Ceremony
Thursday, Sept 11th
8am-4pm, Prayer Vigil
5pm, Sacred Celebration
Concert

Everyone Invited

A graphic with a sunset background. The text "Unity Reimagined" is in white. Below the text is a silhouette of seven people holding hands.

Unity Reimagined

Unity Worldwide
Ministries
and
Unity Worldwide
Headquarters
May Unite

Unity Worldwide Ministries
Annual Business Meeting
Wednesday, November 5th, 11am-3pm (Pacific Time)

Unity Five Cities is a member of Unity Worldwide Ministries and, as a member, our ministry has four votes to determine the future relationship between Unity Worldwide Ministries (UWM) and Unity Worldwide Headquarters (UWH). This decision will help shape how we collaborate, grow, and serve in the years ahead.

We need volunteers who would like to learn about and participate in this historic decision. If you would like to represent Unity Five Cities at this important meeting and vote on the proposed changes, please see Pastor Brian, revbrian.walker@gmail.com

DANCES OF UNIVERSAL PEACE



Board of Trustees & Staff

Rev. Brian Walker, Minister	805-345-0832
Ruth Jackson, Secretary	805-451-1313
Jeanne Surber, Treasurer	805-708-1823
Joe Davidson, Facilitator	661-304-5154
Art Westerfield, Trustee	805-295-0558
John Hauk, Trustee	831-227-0215
Don Aronson, Trustee	805-544-4504
Chris Garey, LUT, Volunteer Coordinator	805-440-1693
Nancy Johnson, Hospitality Coordinator	805-270-6646

Prayer Chaplain - Martha Aivaz	805-458-1792
Prayer Chaplain - Ethel Landers	805-550-0348
Prayer Chaplain - Sheila Cochran	619-540-0665
Prayer Chaplain - Deborah Hall	805-788-4777
Prayer Chaplain - Lisa Leonard	916-765-1846
Prayer Chaplain – Jill Roberts	805-451-2886
Prayer Chaplain – Ruth Jackson	805-451-1313

Schedule

Speaker

Music

Sept 7 Rev Jan Limberg Morgan	Rob Kimball
Sept 14 Mark Stanton Welch	Mark Stanton Welch
Sept 21 Chris Garey, LUT	Steve Kindel & Karen Wilkins
Sept 28 Rev Brian Walker	Richard Inman & Sheila Cochran

Vision Statement

Aligned in peaceful Oneness, we co-create a world of love, harmony, and abundance through shared spiritual awakening.

Mission Statement

We are a heart-centered spiritual community dedi-cated to empowering personal growth and living the unlimited possibilities of Spirit.

Belief Statement

- We believe that prayer works.
- We assist in discovering and living spiritual purpose and potential.
- We facilitate a stronger connection to our highest potential.

We feel we are:

- Empowered Grateful
- Peaceful Inspired
- Accepting Connected
- Loving Affirming

Unity Five Cities

Sunday Celebration 10:00 am
Meeting at The Victorian
789 Valley Road, Arroyo Grande, CA
805-788-4777
P.O. Box 1005
Arroyo Grande, CA 93421
Email: info@unity5cities.org
Website: www.unity5cities.org