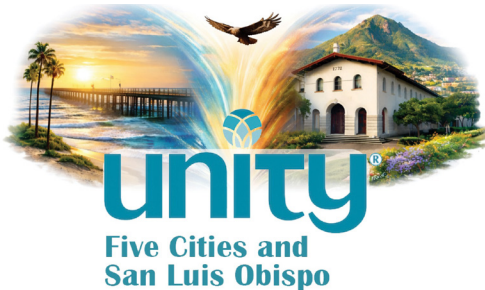


WELCOME to the reunification of Unity Five Cities and San Luis Obispo



*Offering A Positive Path
for Spiritual Living*

For Spiritual Growth and Fellowship We Offer:

Sunday Celebration in-person in Arroyo Grande and easily on your computer or smart phone via Zoom, 10:00 am PT

Spiritual Study Groups and Workshops - See the [Calendar of Events](#) on our website for details

Men's Group - Tuesdays mornings Men's Group 9:00 am in-person. Meeting place varies so contact Chris for location. Members take turns bringing a spiritual topic to discuss chris@peacefulpoint.com

Two Women's Groups

1. **Our In-Person group** meets once per month for activities and fellowship. Our intention is to share spiritual topics while socializing and supporting each individual's life journey. For information contact Marilyn Mercado, nalaniweb@yahoo.com
2. We also meet twice a month **online via Zoom** for "The Spiritual Spa" An Hour of Spiritual Replenishment for Women. Join us the 2nd and 4th Thursdays of the month, 6:30-7:30 pm and is facilitated by Rita Conrad, LUT. Contact Rita at rmconrad99@gmail.com for the Zoom link.

Online Prayer and Meditation Group Zoom Online Prayer Meeting every Wednesday, 10:00 am (Pacific time) Everyone is invited. Contact Brian to get on the mailing list: revbrian.walker@gmail.com

Power of Eight Intention Circle When individuals in a group focus their intention together on a single target, a powerful collective dynamic emerges that can heal longstanding conditions, mend fractured relationships. Meeting in-person at the Victorian and on Zoom. Chris: chris@peacefulpoint.com

Choir Fun group meets to rehearse and perform 3 or 4 concerts a year. No previous experience required, just a desire to sing. Contact Richard Inman: rich223344@gmail.com

Ukulele Group Unity Ukes is open to Unity and non-Unity beginners and more advanced players. Bring is your ukulele, music stand and be prepared to have fun! [See Event Calendar](#) for practice times.

Course In Miracles Study Group On Zoom offered by Unity of Santa Maria, weekly 10:30 am. For Zoom link, contact unityofsantamaria@gmail.com

For details and Zoom links, go to our website www.unity5cities.org



**Sunday Celebration, 10:00 am PT, available to all
on Zoom and in-person at The Victorian
789 Valley Road, Arroyo Grande 805-788-4777
Email: info@unity5cities.org Website: www.unity5cities.org**

