

# WELCOME to the newly merged Unity Five Cities and San Luis Obispo

*Offering A Positive Path for Spiritual Living*



## Vision Statement

Aligned in peaceful Oneness, we co-create a world of love, harmony, and abundance through shared spiritual awakening.

## Mission Statement

We are a heart-centered spiritual community dedicated to empowering personal growth and living the unlimited possibilities of Spirit

## For Spiritual Growth and Fellowship We Offer:

**Sunday Celebration in-person in Arroyo Grande and easily on your computer or smart phone via Zoom, 10:00 am PT**

**Spiritual Study Groups and Workshops** - See the [Calendar of Events](#) on our website for details

**Men's Group** - Tuesdays mornings Men's Group 9:00 am in-person. Meeting place varies so contact Chris for location. Members take turns bringing a spiritual topic to discuss [chris@peacefulpoint.com](mailto:chris@peacefulpoint.com)

## Two Women's Groups

1. **Our In-Person group** meets once per month for activities and fellowship. Our intention is to share spiritual topics while socializing and supporting each individual's life journey. For information contact Marilyn Mercado, [nalaniweb@yahoo.com](mailto:nalaniweb@yahoo.com)
2. We also meet twice a month **online via Zoom** for "The Spiritual Spa" An Hour of Spiritual Replenishment for Women. Join us the 2nd and 4th Thursdays of the month, 6:30-7:30 pm and is facilitated by Rita Conrad, LUT. Contact Rita at [rmconrad99@gmail.com](mailto:rmconrad99@gmail.com) for the Zoom link.

**Online Prayer and Meditation Group** Zoom Online Prayer Meeting every Wednesday, 10:00 am (Pacific time) Everyone is invited. Contact Brian to get on the mailing list: [revbrian.walker@gmail.com](mailto:revbrian.walker@gmail.com)

**Power of Eight Intention Circle** When individuals in a group focus their intention together on a single target, a powerful collective dynamic emerges that can heal longstanding conditions, mend fractured relationships. Meeting in-person at the Victorian and on Zoom. Chris: [chris@peacefulpoint.com](mailto:chris@peacefulpoint.com)

**Choir** Fun group meets to rehearse and perform 3 or 4 concerts a year. No previous experience required, just a desire to sing. Contact Richard Inman: [rich223344@gmail.com](mailto:rich223344@gmail.com)

**Ukulele Group** Unity Ukes is open to Unity and non-Unity beginners and more advanced players. Bring is your ukulele, music stand and be prepared to have fun! [See Event Calendar](#) for practice times.

**For details and Zoom links, go to our website [www.unity5cities.org](http://www.unity5cities.org)**



**Sunday Celebration, 10:00 am PT, available to all  
on Zoom and in-person at The Victorian  
789 Valley Road, Arroyo Grande 805-788-4777**

Email: [info@unity5cities.org](mailto:info@unity5cities.org) Website: [www.unity5cities.org](http://www.unity5cities.org)